

## **Valparaiso Community Resource Guide**

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## Counseling and Therapeutic Services

### 1. *Care Counseling*

Substance use counseling only

Accepts private insurance, Medicaid, HIP, sliding scale on case-by-case basis

Intake process takes about 1.5 hours – call ahead to schedule intake

In-person and telehealth are options

Most copays are \$0-\$4

Short to no waitlist

Therapy done in individual and group settings (have to do individual if doing group)

### 2. *Regional Mental Health*

(219) 769-4005

Accepts Medicaid and private insurance

Can walk in for intake during normal business hours

o 8555 Taft St. Merrillville – for Merrillville intake

§ 1441 E 84<sup>th</sup> Place – for Merrillville counseling

o 3903 Indianapolis Blvd East Chicago – for intake and counseling in East Chicago

### 3. *Northshore Health*

(219) 763-8112

[Health Clinic in Hammond & Portage, IN | NorthShore Health Center](#)

Offer individual treatment, group therapy, art/music recovery, clean cooking, and more

Locations in Portage, Lake Station, Merrillville, Hammond, Laporte, Chesterton

### 4. *Pillars of Wellness*

(219) 323-3311

[Home - Pillars of Wellness \(pillarstherapy.com\)](#)

Accepting new clients

Provide general mental health counseling

Accept Medicaid, private insurance

Online registration

### 5. *INTreatment*

(219) 267-1889

[Home - INTreatment \(indtreatment.com\)](#)

Accept Medicaid, Medicare

Provide individual treatment, group therapy, addiction services, trauma therapy, etc.

Locations in Valparaiso, Portage, and Michigan City

### 6. *Clarity Clinic*

(219) 595-0043

9250 Columbia Ave, Suite E Munster, IN 46321

[Contact - Clarity Clinic NWI \(claritynwi.com\)](http://www.claritynwi.com)

Specializes in addiction and general counseling (group & individual)

Offer telehealth and in-person

**7. *Fresh Start***

Mostly for substance use disorder

Can't accept Medicaid (only private and Aetna)

**8. *Change Therapy***

(219) 286-6482

954 Eastport Centre Dr. Suite B Valparaiso, IN 46383

<http://www.changetherapycenter.org>

Intensive Outpatient, Dialectical Behavioral Therapy, Individual/Group/Family Therapy

**9. *Porter Starke Services***

219.531.3500

601 Wall St. Valparaiso, IN 46383

[www.porterstarke.org](http://www.porterstarke.org)

Group and Individual Counseling, Psychiatry, Inpatient and Outpatient Services

**10. *Infinity Counseling & Wellness Center***

(219) 472-8277

5201 Fountain Drive, Crown Point, Indiana 46307, United States

Accepts Medicaid

<https://icandwc.com/>

**11. *VNA Phoenix Center***

(219) 462-5195

501 Marquette St. Valparaiso, IN, 46383

<https://vnanwi.org/services/phoenix-center.php>

A grief and trauma support program for children (age 5-21) and families - free

**12. *Inside Out: Your Voice, Your Story***

(219) 552-8336 (Monique)

1515 E Michigan Blvd, Michigan City, IN and 5490 Broadway, Merrillville, IN

[www.insideoutyourvoicestory.com](http://www.insideoutyourvoicestory.com)

Promote healing through creative arts and mindfulness; offer therapies, support groups, teen resource center, anger management, mentoring, restorative justice circles, etc.

**13. *Gateway Foundation***

(877) 381-6538

[www.gatewayfoundation.org](http://www.gatewayfoundation.org)

Offer virtual counseling to those who are uninsured; Can accept Medicaid for in-person outpatient services in Illinois; Can accept private insurance for inpatient services in Illinois

**14. Crown Counseling**

(219) 663-6353

1308 N Main St. Crown Point, IN 46307

Outpatient Substance Use Treatment, Individual & Group Therapy, Domestic Violence Intervention Program, Pride Initiative (For those in the LGBTQ+ community)

**15. Building Possibilities with Care**

(219) 765-8161

6111 Harrison St. Suite 118, Merrillville, IN 46410

Provide individual and family therapy, parenting assessments and classes, veteran supports, case management, domestic violence services, anger management

**16. Edgewater Systems For Balanced Living**

(219) 885- 4264

1110 West 5th Avenue,

Gary, IN, 46402

Provides a wide range of mental health & addiction services

<https://edgewaterhealth.org/services/mental-health-addiction/>

**17. New Beginnings Counseling**

(219) 203-2343

793 Juniper Rd,

Valparaiso, IN, 46385

<http://newbeginningsportercounty.com/>

## Shelter

- 1. *The Caring Place-Domestic Violence Safety Shelter***  
(219) 464-2128  
<https://www.thecaringplacenwi.org/>  
Provides shelter and support for women and women with children experiencing domestic violence.
- 2. *Gabriel's Horn***  
(219) 364-8018  
792 McCool Rd, Valparaiso, IN  
<http://www.gabrielshelter.org/>  
Offers counseling, transportation, case management and an aftercare program for women and children.
- 3. *Sojourner Truth House***  
(219) 885-2282  
410 W. 13th Avenue, Rear Building  
Gary, IN 46407-1213  
<https://sojournertruthhouse.org/index.php>  
Provides shelter for women and women with children experiencing homelessness.
- 4. *Housing Opportunities***  
(219) 548-2800  
2001 Calumet Avenue, Valparaiso, IN  
<https://hoi.help/>  
Provide affordable housing for families.
- 5. *Alice's House***  
(219) 462-7600  
606 Brown St. Valparaiso, IN 46383  
<https://alicesinc.com>  
12-step recovery home
- 6. *Respite House (I)***  
(219) 548-1300/(219) 548-1302  
1408 East Chicago St., Valparaiso, IN 46383  
<http://www.respitehouse.org/index.php>  
Halfway house for men recovering from addiction
- 7. *Respite House (II)***  
(219) 548-1300/(219) 548-1302

305 Union St. Valparaiso, IN 46383  
<http://www.respitehouse.org/index.php>  
Halfway house for men recovering from addiction

**8. *Moraine House***

(219) 464-9983  
353 W Lincolnway Valparaiso, IN 46383  
<https://www.morainehouse.org>  
Halfway house for men recovering from addiction

**9. *Stepping Stone Shelter for Women***

(219)-879-4615  
Michigan City, MI  
[Stepping Stone Shelter for Women](#)  
Provides shelter for women who are experiencing domestic violence.

**10. *Oxford House***

[www.oxfordvacancies.com](http://www.oxfordvacancies.com)  
Self-run recovery houses throughout USA

**11. *St. Vincent de Paul***

219-845-7531  
Occasionally will provide short-term hotel vouchers, financial assistance for housing and utilities, medication, transportation, etc

**12. *Family Focus***

[www.familypromisepcin.org](http://www.familypromisepcin.org)  
219-921-9178  
Will begin housing families (single or couple w/ kid(s)) in churches

**13. *St. Jude***

(219) 662-7066 OR (219) 886-1600  
<https://www.stjudehouse.org/>  
Domestic violence shelter for single women & women w/ children; Officer can transport or shelter can send cab to public place

**14. *Haven House for Women***

Hammond, IN  
24-Hour Crisis Line: (219) 931-2090  
Emergency shelter for survivors of domestic violence and their children

**15. *Crisis Center, Inc.***

101 N. Montgomery St., Gary, IN 46403  
(219) 938-7070  
Provide emergency shelter to youth ages 10-20

**16. Continuum of Care Network of Northwest Indiana**

(219) 886-9966  
650 S Lake St., Gary, IN 46403  
Provide rental and energy assistance and housing services to individuals experiencing homelessness or at risk of becoming homeless.

**17. Sand Castle Shelter**

(219) 879-2552  
1005 West 8th St.  
Michigan City, IN 46360  
Offers temporary shelter to LaPorte County families: primarily single moms with children; sometimes families headed by couples or dads; sometimes accept single women; must test free of drugs and alcohol

**18. Stepping Stone Shelter for Women**

1-888-879-4615 (hotline number)  
<https://www.stepsingstoneshelter.org/gethelp.html>  
Domestic violence shelter in Michigan City

**19. ACL Properties**

219-628-5672  
Group home for veterans and elderly (max of 6 people)



## Emergency Financial Assistance

**1. Porter County Aging & Community Services**

(219) 464-9736

1005 Campbell Street, Valparaiso, IN 46385

Offers energy assistance, free counseling for Medicare beneficiaries and additional services; Administers Section 8, energy assistance, and emergency assistance

**2. St. Vincent de Paul**

219-845-7531

Occasionally will provide short-term hotel vouchers and other emergency assistance

**3. Community Partners (Geminus Program)**

(888) 357-4264

[www.geminus.org](http://www.geminus.org)

Liaison connects clients with agencies, professionals, support groups, assistance programs to help clients achieve goals; Offer older youth services

Program Requirements: 1. Resident of Porter, LaPorte, Pulaski, Starke, Jasper, Newton, or Benton County; 2. Child(ren) under age 18 in home; 3. No open DCS case; 4. Not currently receiving services through Healthy Families

**4. Northwest Indiana Community Action**

(219) 794-1829 or (800) 826-7871

Provide services for Veteran Families, senior companions and foster grandparents, Ombudsman, tax assistance, family development program, aging and disability resource center, energy assistance, nutrition programs, resource connections, family caregiver program, WIC assistance

**5. First Contact**

(219) 462 – 8332

2702 E Glendale Blvd., Valparaiso, IN 46383

Provide vouchers to resale shops for clothing; Assist with rent, utilities, occasionally medicine; Must have trustee paperwork before being considered for assistance

**6. Center Township Trustee Office**

Phone: (219) 462-0810

Email: [jesse@centertownshiptrustee.net](mailto:jesse@centertownshiptrustee.net)

202 Roosevelt Rd., Valparaiso, IN 46383

Monday – Thursday: 8-11:30am

202 Roosevelt Rd., Valparaiso, IN 46383

Eligible applicants may receive assistance for rent or mortgage, utilities, food, medical care, burials, and other basic necessities, as determined by the trustee and the applicant's caseworker

## Food

1. ***Immanuel Lutheran Church***  
(219) 462-8207  
1700 Monticello Park Dr, Valparaiso, IN  
Tuesday 1pm-3pm  
Thursday 1pm-3pm
2. ***Christian Food Pantry***  
(219) 462-5615  
2702 E Glendale Blvd, Valparaiso, IN  
Monday 10am-12pm  
Wednesday 10am-12pm
3. ***Rose Gray Hilltop Pantry***  
(219) 531-1991  
554 Locust St. Valparaiso, IN \*valpo residents only\*  
Thursday 9:00am-11:30am
4. ***St. Teresa Catholic Church (Cafe Manna)***  
(219) 464-4042  
1511 Laporte Avenue, Valparaiso, IN  
Dinner Thursdays 4:30pm-6:30pm
5. ***New Creation***  
(219) 548-3548  
2102 Calumet Ave. Valparaiso, IN 46383  
Provide food, clothing, case management, showers, supplies to individuals experiencing homelessness
6. ***Salvation Army of Porter County***  
(219) 762-9191  
799 Capitol Rd. Valparaiso, IN 46385  
Food pantry open Tuesdays, Wednesdays, and Thursdays 1-3pm, rent and utility assistance, make referrals to clothing shop
7. ***Best Buddies Pet Pantry***  
(219)-728-1401  
[Best Buddies Pet Pantry](#)
8. ***Dry Goods Pantry***  
(219) 462-2751  
2702 E Glendale Blvd. Valparaiso, IN 46383

[Dry Pantry \(valponaz.org\)](http://valponaz.org)

Open Tuesdays/Thursdays 1-3pm; Must receive voucher from local food pantry to receive non-food items from Nazarene Church Dry Pantry (shampoo, soap, razors, lotion, toilet paper, toothbrush, etc.)

**9. *VNA Meals on Wheels***

(219) 462-5195

Delivers up to two meals per day to homebound, elderly, and people with disabilities in Porter County; Hot lunch costs \$5.25 per day and optional light supper that costs additional \$1.85 per day; Financial assistance available to those who qualify

## **Clothing**

### ***1. New Creation***

(219) 548-3548

2102 Calumet Ave. Valparaiso, IN 46383

Provide food, clothing, case management, showers, supplies to individuals experiencing homelessness

### ***2. Salvation Army of Porter County***

(219) 762-9191

799 Capitol Rd. Valparaiso, IN 46385

Food pantry open Tuesdays, Wednesdays, and Thursdays 1-3pm, rent and utility assistance, make referrals to clothing shop

### ***3. St. Paul Clothing Center***

(219)-462-0074

1835 Harrison Blvd, Valparaiso, IN, 46383

[St. Paul Clothing Center](#)

### ***4. First Contact***

(219) 462 – 8332

2702 E Glendale Blvd., Valparaiso, IN 46383

Provide vouchers to resale shops for clothing; Assist with rent, utilities, occasionally medicine; Must have trustee paperwork before being considered for assistance

## Community Support

### **7. Porter County Aging & Community Services**

(219) 464-9736

1005 Campbell Street, Valparaiso, IN 46385

Offers energy assistance, free counseling for Medicare beneficiaries and additional services; Administers Section 8, energy assistance, and emergency assistance

### **8. New Creation**

(219) 548-3548

2102 Calumet Ave. Valparaiso, IN 46383

Provide food, clothing, case management, showers, supplies to individuals experiencing homelessness

### **9. Indiana Legal Services**

(219) 738-6040

7863 Broadway Street, Suite 205, Merrillville, IN, 46410

[Indiana Legal Services](#)

### **10. Celebrate Recovery**

(219) 462-2751

Valparaiso Nazarene Church

2702 Glendale Blvd

Valparaiso, IN 46383

[www.valponaz.org](http://www.valponaz.org)

Celebrate Recovery every Tuesday from 6-8:30pm; Dinner available for purchase at 6pm and meeting begins at 6:30 (Christ-centered 12 Step Program dealing with life's hurts, habits, and hang-ups)

### **11. St. Vincent de Paul**

219-845-7531

Occasionally will provide short-term hotel vouchers and other emergency assistance

### **12. In Pact**

(219) 662-1905

12300 Marshall St, Crown Point, IN 46307

<https://www.in-pact.org/>

Provide community housing and services to those with autism and/or other developmental disabilities (respite, social development, in-home support sessions, behavior support plans, and more)

### **13. Community Partners (Geminus Program)**

(888) 357-4264

[www.geminus.org](http://www.geminus.org)

Liaison connects clients with agencies, professionals, support groups, assistance programs to help clients achieve goals; Offer older youth services

Program Requirements: 1. Resident of Porter, LaPorte, Pulaski, Starke, Jasper, Newton, or Benton County; 2. Child(ren) under age 18 in home; 3. No open DCS case; 4. Not currently receiving services through Healthy Families

**14. Northwest Indiana Community Action**

(219) 794-1829 or (800) 826-7871

Provide services for Veteran Families, senior companions and foster grandparents, Ombudsman, tax assistance, family development program, aging and disability resource center, energy assistance, nutrition programs, resource connections, family caregiver program, WIC assistance

**15. Indiana Professional Management Group (IPMG)**

(765) 464-2991

[www.gotoipmg.com](http://www.gotoipmg.com)

Corporate Office: 1305 Cumberland Ave. Suite 225, West Lafayette, IN 47906

Provide individualized approach to help youth experiencing serious mental health and behavioral challenges

**16. High Fidelity Wraparound**

[www.in.gov/fssa.dmha](http://www.in.gov/fssa.dmha)

Eligibility requirements: 6-17 years of age, eligible for Medicaid, 2 qualifying mental health diagnoses

Provide wraparound services to address mental health and behavioral needs

**17. First Contact**

(219) 462 – 8332

2702 E Glendale Blvd., Valparaiso, IN 46383

Provide vouchers to resale shops for clothing; Assist with rent, utilities, bus tokens, occasionally medicine; Must have trustee paperwork before being considered for assistance; Can only assist w/ disconnect notice or eviction paperwork

**18. Center Township Trustee Office**

Phone: (219) 462-0810

Email: [jesse@centertownshiptrustee.net](mailto:jesse@centertownshiptrustee.net)

202 Roosevelt Rd., Valparaiso, IN 46383

Monday – Thursday: 8-11:30am

202 Roosevelt Rd., Valparaiso, IN 46383

Eligible applicants may receive assistance for rent or mortgage, utilities, food, medical care, burials, and other basic necessities, as determined by the trustee and the applicant's caseworker



## Childcare and Early Childhood Education

1. **Hilltop**

(219) 477-4222

460 S. College Avenue, Valparaiso, IN 46383

<https://www.hilltophouse.org>

Provide early childhood education, after school care, food pantry, and learning garden for children of working parents

2. **Boys and Girls Club of Greater NWI**

(219) 462-2182

354 Jefferson St. Valparaiso, IN 46383

Provide evening childcare, academic success programs, healthy lifestyles programs, etc.

3. **YMCA**

(219) 462-4185

1201 Cumberland Crossing Dr. Valparaiso, IN 46383

Youth and adult active programming, childcare

4. **BuildLearnGrow**

[www.families.buildlearngrow.org](http://www.families.buildlearngrow.org)

Help cover child care costs for eligible working families and assist with finding childcare

5. **Geminus**

(219) 757-1800

[www.geminus.care](http://www.geminus.care)

Assist with applying for childcare voucher; early childhood education and family services

## Recovery

### **1. Three20 Recovery**

(219) 238-6840

320 S Calumet Rd, Chesterton, IN 46304

[Home - Three20 Recovery Community \(320recovery.com\)](http://320recovery.com)

Offer recovery coaching, weekly events, and programs relating to music, fitness, art, nutrition, faith

### **2. Recovery Connection**

(219) 510-6501

505 Don Hovey Dr., Valparaiso, IN 46383

[Recovery Connection | a culture of recovery \(recoveryconnectionpc.org\)](http://recoveryconnectionpc.org)

Offer recovery programming (NA, AA, Life skill workshops, SMART Recovery, CRAFT) every day other than Sunday

### **3. Local Alcoholics Anonymous (AA) Meetings**

[Tuesday Upcoming AA Meetings in Valparaiso \(area22indiana.org\)](http://area22indiana.org)

### **4. Local Narcotics Anonymous (NA) Meetings**

[NA - Narcotics Anonymous Meetings in Valparaiso, IN](#)

### **5. Heartland Recovery**

(219)-690-7025

2068 Lucas Pkwy, Lowell, IN 46356

[Heartland Recovery](#)

### **6. White's Residential & Family Services**

(260)-563-1158

5233 S. 50 E. Wabash, IN, 46992

Offers recovery programming in addition to services for teens & families.

[White's Residential & Family Services](#)

### **7. Michiana Behavioral Health**

(574) 936-3784 or (800) 795-6252

1800 North Oak Drive Plymouth, IN 46563

Offers adolescent inpatient psych, residential, IOP & acute adult inpatient psych, detox, and substance use IOP

[www.michianabehavioralhealth.com](http://www.michianabehavioralhealth.com)

### **8. Celebrate Recovery**

(219) 462-2751

Valparaiso Nazarene Church  
2702 Glendale Blvd  
Valparaiso, IN 46383  
[www.valponaz.org](http://www.valponaz.org)

Celebrate Recovery every Tuesday from 6-8:30pm; Dinner available for purchase at 6pm and meeting begins at 6:30 (Christ-centered 12 Step Program dealing with life's hurts, habits, and hang-ups)

**9. Pinnacle Treatment Centers**

(219) 472-4255  
Recovery Works Merrillville, IN  
8955 Broadway  
Merrillville, IN 46410  
<https://pinnacle-treatment.com/locations/state/indiana/>  
Recovery Works offers individual counseling, group counseling and individualized treatment Plans.

**10. Oxford House**

[www.oxfordvacancies.com](http://www.oxfordvacancies.com)  
Self-run recovery houses throughout USA

**11. Footprints to Recovery**

(224) 213-3391 (Ronda Gorby)  
Illinois, New Jersey, Colorado  
[www.footprintstorecovery.com](http://www.footprintstorecovery.com)  
Provide detox, residential, partial hospitalization, IOP, OP, aftercare, MAT, motivational interviewing, dialectical behavior therapy, and transportation from hospital/home

**12. Anabranh Recovery**

(812) 898-5100  
Email: [jchristian@anabranhrecovery.com](mailto:jchristian@anabranhrecovery.com)  
1400 East Crossing Blvd., Terre Haute, IN, 47802  
Provides detox services and inpatient services.

**13. Edgewater Rapid Access Center**

(219) 240-8615  
4747 W. 24th Ave,  
Gary, IN, 46406  
Provides detoxing and a stabilization program.

**14. Frontline Foundations**

(219) 728-1638

1008 Broadway.  
Chesterton, IN, 46304  
Provides recovery and relapse prevention programs.

***15. Intervention Services INC.***

(866) 233-4401  
306 E. Commercial Ave,  
Lowell, IN, 46356  
Provides sober coaching, case management, alcohol & drug related interventions and sobriety monitoring.

## **Employment**

### ***1. WorkOne (Valparaiso)***

(877) 607-0680

2804 Boilermaker Ct., Valparaiso, IN 46383

Provide connections to employment, free workshops, financial assistance to eliminate barriers to education/work

### ***2. Opportunity Enterprises***

(219) 464-9621

2801 Evans Ave. Valparaiso, IN 46383

Provide employment opportunities and resources for individuals with developmental disabilities.

## Education

**1. *Neighbors' Educational Opportunities***

(219) 850-4448

5201 U.S. Hwy 6, Portage, IN 46368

Alternative high school and adult education options

**2. *Valparaiso Adult Learning Center***

(219) 916-7444

Email: [valparaisoalc@cwicorp.com](mailto:valparaisoalc@cwicorp.com)

201 Washington St. Valparaiso, IN 46383 (Trinity Lutheran Church)

Offer free GED classes, career exploration, ESL classes, youth services, WorkOne referrals

**3. *Ivy Tech***

(219) 464-8514

3100 Ivy Tech Dr., Valparaiso, IN 46383

Offer NextLevel Jobs (free certifications) and standard community college courses

**4. *Our Greater Good***

(219) 628-2922

2401 Valley Dr.

Valparaiso, IN, 46383

Provides family classes, offers a free preschool program, etc.

## Healthcare

### 1. *HealthLinc*

(219) 462-7173

1001 N Sturdy Rd. Valparaiso, IN 46383

Medical, dental, optometry, and behavioral health services offered; Can help apply for health insurance

### 2. *Northshore*

(219) 763-8112 or (888) 313-8557

[www.northshorehealth.org](http://www.northshorehealth.org)

Portage Location: 6050 Sterling Creek Rd.

Merrillville Location: 6091 Broadway

\*Additional locations - services vary by location

Offer OB/GYN, Pediatrics, Prenatal/Family Care, Family Practice, Urgent Care, Behavioral Health, Labs, Eye Care, Dental, Psychiatry, Substance Use Treatment, etc.

## **Crisis Support**

- Text Crisis Hotline (text HELLO to 741741)
- The Trevor Lifeline (866-488-7386)
- Lifeline Chat Suicide Hotline (800-273-8255)
  - More resources online at [suicidepreventionlifeline.org](https://suicidepreventionlifeline.org)
- Porter-Starke Services (219-531-3500)
- Valpo PD (219-462-2135)
- If you are experiencing or witnessing an emergency, call 911



## **Aging**

### **1. Porter County Aging and Community Services**

(219) 464-9736

1005 Campbell St. Valparaiso, IN 46385

Provide transportation, energy assistance, ramp program, financial assistance

### **2. VNA of NWI**

(219) 462-5195

501 Marquette St. Valparaiso, IN 46383

Provides Meals on Wheels (Porter Co. residents), Palliative (Nurse practitioner coming out, etc.) and Hospice Care (need medical diagnosis), Lifeline (Porter & donut counties); Can provide case management if receiving services listed above; Offers grief support program for children and families

### **3. Caregiver Homes**

(866) 797-2333

[www.caregiverhomes.com](http://www.caregiverhomes.com)

Provide support for family members caring for loved ones with chronic health/behavioral conditions

## Religious/Spiritual Services

1. ***Living Hope Community Church***

(219) 462-1245

1115 Calumet Ave. Valparaiso, IN 46383

<http://www.livinghope.info/>

Service at 9:00 and 10:30am on Sundays, Bible studies and groups offered throughout the week

2. ***Valparaiso Nazarene***

(219) 462-2751

2702 E Glendale Blvd. Valparaiso, IN 46383

<https://valponaz.org>

Service at 9, 10:45am, and 6:30pm on Sundays and 6:30pm on Wednesdays

3. ***Calvary***

(219) 462-4026

1325 Evans Ave. Valparaiso, IN 46383

<https://www.calvaryweb.net>

Service at 8:15, 9:45, 11:15am and online on Sundays

## Homelessness Services

### 1. *Housing Opportunities*

(219) 548-2800

2001 Calumet Avenue, Valparaiso, IN

<https://hoi.help/>

Provide affordable housing for families.

### 2. *New Creation*

(219) 548-3548

2102 Calumet Ave. Valparaiso, IN 46383

Provide food, clothing, case management, showers, supplies to individuals experiencing homelessness

## LGBTQ+ Resources

- 1. LGBTQ Northwest Indiana**  
(219) 895-6688  
10769 Broadway Avenue, Suite 136 Crown Point, IN 46307  
<https://resourceroundup.com/service/list/?c=115>  
Offer adult transgender support groups, LGBTQ Wednesday Night Social Hour,
- 2. The Trevor Project**  
866-488-7383  
[www.thetrevorproject.org](http://www.thetrevorproject.org)  
Provides free 24/7 crisis intervention and suicide prevention for LGBTQ youth
- 3. Trans Lifeline**  
(877) 565-8860  
[www.translifeline.org](http://www.translifeline.org)  
Provides peer support for the transgender community
- 4. PFLAG Crown Point**  
219-216-1356  
[www.pflagcp-nwi.org](http://www.pflagcp-nwi.org)  
Provides virtual weekly community group meetings, and specific age group support meetings
- 5. LGBTQ Outreach of Porter County**  
<https://www.facebook.com/LGBTQofPC>
- 6. Crown Counseling**  
(219) 663-6353  
1308 N Main St. Crown Point, IN 46307  
Free support groups for members of the LGBTQ+ community

## Detox Facilities

**1. Michiana Behavioral Health**

(574) 936-3784 or (800) 795-6252

1800 North Oak Drive Plymouth, IN 46563

Offers adolescent inpatient psych, residential, IOP & acute adult inpatient psych, detox, and substance use IOP

[www.michianabehavioralhealth.com](http://www.michianabehavioralhealth.com)

**2. Pinnacle Treatment Centers: Recovery Works**

(844) 696-4372

201 West 89th Avenue

Merrillville, IN 46410

<https://pinnacletreatment.com/locations/state/indiana/>

Provides medically supervised detox, along with residential treatment and inpatient services for those struggling with substance use.

**3. Footprints to Recovery**

(224) 213-3391 (Ronda Gorby)

Illinois, New Jersey, Colorado

[www.footprintstorecovery.com](http://www.footprintstorecovery.com)

Provides detox, residential, partial hospitalization, IOP, OP, aftercare, MAT, motivational interviewing, dialectical behavior therapy, and transportation from hospital/home

**4. Sycamore Springs**

(765) 441-3168

833 Park E Blvd

Lafayette, IN 47905

<https://sycamorespringshealth.com>

Provides detox and programs for recovery

**5. Footprints to Recovery**

(224) 213-3391 (Ronda Gorby)

Illinois, New Jersey, Colorado

[www.footprintstorecovery.com](http://www.footprintstorecovery.com)

Provide detox, residential, partial hospitalization, IOP, OP, aftercare, MAT, motivational interviewing, dialectical behavior therapy, and transportation from hospital/home

**6. Anabranh Recovery**

(812) 898-5100

Email: [jchristian@anabranhrecovery.com](mailto:jchristian@anabranhrecovery.com)

1400 East Crossing Blvd., Terre Haute, IN, 47802

Provides detox services and inpatient services.

7. ***Edgewater Rapid Access Center***

(219) 240-8615

4747 W. 24th Ave,

Gary, IN, 46406

Provides detoxing and a stabilization program.

## Human Trafficking Survivor Resources

### *1. Tru Harbor*

(765) 388-2060

Email: [TRUHarborAdmissions@yocinc.org](mailto:TRUHarborAdmissions@yocinc.org)

Provide residential treatment for survivors (females ages 11-18) of human trafficking and commercial exploitation; Offer individualized treatment planning, mentoring, wellness activities, independent living services, medical and psychiatric care, vocational skills training, education

## Residential Placement for Youth

1. ***Oaklawn Residential Services for Youth***  
(574) 259-5667  
<https://www.oaklawn.org>  
Provide diagnostic services, residential programs for youth, therapy (individual, family, and group), and specialized programs to address developmental delays, sexually harmful behaviors, etc.
2. ***Lifeline Youth and Family Services, Inc.***  
(800) 509-6884 or (260) 745-3322 (Debbie Johnson, Executive State Director)  
[www.lifelineyouth.org](http://www.lifelineyouth.org)  
Offer boys' residential and independent living programs (Pierceton Woods Academy)
3. ***Campagna Academy***  
(219) 322-8614 Ext. 398  
Email: [intakereferrals@cahope.org](mailto:intakereferrals@cahope.org)  
7403 Cline Ave. Schererville, IN 46375  
[www.campagnaacademy.org](http://www.campagnaacademy.org)  
Provide psychiatric residential, private secure residential, emergency shelter care, day reporting, etc.
4. ***Midwest Center for Youth and Families***  
(888) 629-3471  
1012 W Indiana St. Kouts, IN 46347  
Offer therapeutic, residential Dialectical Behavior Therapy program for males ages 12-18 and females ages 10-18  
Admission Criteria: Pervasive emotional, behavioral, or psychiatric problems which impact youth's functioning; History of past treatment; IQ of 75+  
To make referral: Call (888) 629-3471 or email [midwestcenterintake@uhsinc.com](mailto:midwestcenterintake@uhsinc.com)
8. ***Youth Opportunity Center***  
(765) 741-1022  
[www.yocinc.org](http://www.yocinc.org)  
Email: [admissions@yocinc.org](mailto:admissions@yocinc.org)  
Provide therapeutic, residential services to youth ages 6-18



## Veterans Assistance

**1. *Disabled American Veterans Chapter 102***

(219) 200-0404 OR Mike Chiarodo (219) 252-8998

805 Elm St. Valparaiso, IN 46383

Fraternal Order of Eagles Aerie

Monthly meetings held on 4th Thursday of each month at 6:30pm

**2. *The American Legion***

(219) 462-4452

4 Monroe St. Valparaiso, IN 46383

Provide weekly events and support for veterans

**3. *Northwest Indiana Community Action***

(219) 794-1829 or (800) 826-7871

Provide services for Veteran Families, senior companions and foster grandparents, Ombudsman, tax assistance, family development program, aging and disability resource center, energy assistance, nutrition programs, resource connections, family caregiver program, WIC assistance

**4. *Valor***

866-878-9311

Elgin, IL

Offer therapies, support, care plans, life skills training, etc. for veterans; Accept Humana, Tricare, Three Rivers, Optum - VA Community Care Network

## Transportation

### **1. *V-Line***

166 Lincolnway, Valparaiso, IN 46383

Phone: 219.476.9393

<https://www.ci.valparaiso.in.us/490/V-Line>

Bus service in Valparaiso

### **2. *Porter County Aging and Community Services***

(219) 464-9736

1005 Campbell St. Valparaiso, IN 46385

Provide transportation, energy assistance, ramp program, financial assistance

## Victim Services

### 1. *Victim Compensation Program*

Apply at <https://vcc.cji.in.gov/Public/Home.aspx>

Reimburses innocent victims or their dependents for certain crime-related expenses as a result of bodily injury or death; Serves as payer of last resort

### 2. *Fair Haven Rape Crisis Center*

24-hour line: 219-218-2552; Office: 219-961-4357

2645 Ridge Rd., Highland, IN 46322

Offer support groups (for adults and adolescents), individual counseling and trauma therapy, case management, etc.

## Other Resources

### 1. *Older Youth Services (Geminus)*

Call DCS hotline to determine eligibility 1-800-800-5556 or region coordinator, Kristin Chamberlain (219-613-5129 or [kristin.chamberlain@geminus.org](mailto:kristin.chamberlain@geminus.org)) or Will Thomas (219-384-8682 or [william.thomas@dcs.IN.gov](mailto:william.thomas@dcs.IN.gov))

Program serving youth/young adults who aged out of foster care and are under the age of 23 (had to be in foster care on 18th birthday or spent at least 16 months in foster care after 16th birthday); provide FYI housing voucher, transportation funds, money for phone bill, room and board stipend, case management, and more